

# Do You kNOW?



## Benefits of ABACUS

PHOTOGRAPHIC MEMORY

RECALL

SELF CONFIDENCE



## Our Facilities



**Lingo Bingo:** A game based Unique Program to develop Number Sense for (5-6) yrs

**Abacus:** A holistic Brain Booster to overcome the challenges of 21st Century for (6-14) yrs

**Yoga Junior (Boys & Girls)** ~ Need based personalised Healthy Living Program (6-14) yrs

**Yoga Senior (Men & Women)** ~ Tailor-made personalised Healthy Living Program (15 yrs & >)

**Recitation (Abriti)/Elocution (Bengali):** A comprehensive Program for Public Speaking for (6 yrs & above)

**Chess Class** ~ A comprehensive Logical & Analytical Sense Booster for 4 yrs & above

## Our Mentors

**Lingo Bingo/Abacus** 2 hours / week

**Ms. Sonali Prasad, MA (Eng);** Master Mind Abacus Trainer & Academic Head-Skill Bay

**Yoga (Jr & Sr)** 3 Days / week

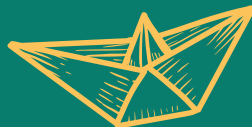
**Ms. Debjani Chakraborty, MA (Eng);** Gold Medalist, National Powerlifting Championship-2019 (Sr. Women 75 kg); Natl. level Selectee in World Powerlifting Championship-2020 (Sr. Women 75 kg); Awarded Strong Woman of North Bengal-2019

**Recitation (Abriti)** 1 Hour / week

**Ms. Promashree Mitra, MA (Beng);** Jr. Diploma in Recitation, Sarbabharatiya Sangeet O Sanskriti Parishad; More than 15 years in the field of Performing Arts

**Chess Classes** 1 Hour / week

**Mr. Sugato Chakraborty;** AICF Instructor, Sr. Natl Arbitor; Intl. rated & Natl. titled Chess Coach & Judge; Ex-Chess Coach-GD Goenka Public School & Sri Sri Academy, Siliguri







### Do you Love CHESS?

- Chess is an acronym for Chariot, Horse, Elephant & Soldiers.
- World Chess Day is celebrated every year on July 20. Since 1966, this day has been recognised as the International Chess Day by the UNESCO.
- Chess is believed to have originated in India, during the Gupta Empire (around the 6th century). The game was known as "chaturanga" which translates to "four divisions of the military"~ infantry, cavalry, elephants, and chariotry, represented by the pieces pawn, knight, bishop, and rook respectively.



### Our Facilities

**Polemic (English):** "Your Voice, Your Power"  
~ "Where Words Create Waves"

#### Why STORYTELLING?

- Stories Introduce New Ideas
- Storytelling Promotes Creative Thinking
- Storytelling Helps Teach Moral Values
- Storytelling Enhances Language Development
- Storytelling Helps Foster A Love Of Reading
- Storytelling Builds Emotional Intelligence
- The importance of storytelling to kids lies in the fact that it teaches them about the world and everyday life.

**Career Counselling:** Excel in Life with personalised Career Guidance & Scientific Analysis.

**Mental Health Counselling:** A reliable solace to overcome Life Challenges through Mental Fitness.



### Our Mentors

**Polemic (English)**

1 Hour / Week



**Ms. Nandita Roy Baul;** M A (Eng); Ex-PGT DPS Siliguri; A Highly passionate Educator with over 25 years of experience, Loreto Convent Darjeeling; Received International Education Award, Gurgaon & MUN Trainer

**Theatre/Storytelling**

1 Hour / Week



**Mr. Partha Pratim Mitra (Murarida);** MSc; PGT; Cultural Activist & Renowned Theatre Personality

**Counselling**

Case Dependent



**Wg Cdr MDCS Menon,** Adm/ATC, IAF (Retd); MA in Counselling Psychology, MA in Public Personal Management; Intl. Certified Career Coach, Mindler; Certified Career Services Provider NCDA, USA; School Counsellor, CCI; Parent Coach, DEEP Parenting; Accredited Facilitator for Couples Assessment, Prepare & Enrich India; Psychometric Assessment, CCI; Ethics & Code of Conduct in Counselling, CCI; Mental Health Recovery & Community Inclusion, WHO Quality Rights; Member-NCDA, USA, Life Member-Counsellor Council of India; Member-Mental Health Innovation Network.





**11 Benefits Of Arts & Craft For Children**

- Crafting improves coordination and fine motor skills
- Makes children more creative and productive
- Provide Multicultural Understanding
- Inspires children to think critically
- Allows Quality time between Children in classroom Or bonding with Parents at home
- Develop children's emergent mathematical skills
- Helps children to learn team work and being socialize
- Helps children to make decisions and choices
- Develop children's literacy and communication skills
- Improves vocabulary and pre-writing skills
- Build children's Self-Esteem

Shamima's Workshop | ELCE



## Our Facilities



**Art & Craft** - An activity which helps not only polishing the aesthetics but also facilitates design thinking for (4 yrs & Above)

**Musical (Instrumental)** - An integration of all the Creative Mental Faculties of an individual into something that you want to do that makes you feel great, gives your life Skills to inculcate Transfer of Learning to overcome the Challenges of 21st Century. (6 yrs & Above)

**Music (Vocals)** - An extraordinary amalgamation of ancient music and contemporary vibes which will help shape the vocal cord and soothe to the listeners. (4 yrs & Above)

**Foreign Language** - A powerful tool in this globalised world where geographical boundaries can no longer limit human imagination and exploration. (6 yrs & Above)

## ILLUMINATING THE STATE OF TODAY'S GUITAR PLAYERS



Beginner & aspirational players ranked **online video-based tutorials** as the most effective resource to learn guitar

### Contact Us:

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Email: skillbaysiliguri@gmail.com



## Our Mentors

### Art & Craft/Painting

1 hour / week



**Mr. Bipul Roy, Master of Visual Arts, CU; Associated with National and International Art Galleries/Exhibitions ~ Prafulla Dhanukar Art Foundation, Mumbai; Jehangir Art Gallery Mumbai; Prayag Raj Kumbh All India National Exhibition, Luknow, Lalit Kala Academy, Allahabad; Sir J.J. School of Art Mumbai; Selected his works in Maldives / Turkey / Bolivia / Poland / Myanmar**

### Guitar (Jr & Sr)

1 hour / week



**Mr. Akash Sarkar, An award winning Guitarist who acquired Grade 3 from Trinity College London; Grade 5 from Rock Land School of Music Siliguri; Former Guest Teacher at Sunday Guitar School; Pursuing BA Music (Hons).**

### Foreign Languages

1 Hour / week



**Ms. Jayati Banerjee; MA (Eco); Asst. Professor - SRM University Chennai; Former Asst. Professor - Cotton College Guwahati; C-1 in German; Advanced Diploma in German Language; A-1 in Mandarin, N-5 in Japanese, Advanced Diploma in Russian & French**